



LITTLE COMPANY OF MARY
HOSPITAL AND HEALTH CARE CENTERS

The Technology to Heal, the Mission to Care

2017

Community

Resource

Directory

INDEX

1. Index
2. Alcohol and Drug Information, Anonymous Groups
3. Bereavement, Blindness, Blood Pressure, Bones
4. Cancer information
5. Cancer Information continued, Child and Family Guidance
6. Dental and Dermatology Information, L.C.M.H. Health Education Center Programs
7. Diabetes, Dietary, Digestive
8. Family Crisis
9. Family Crisis/Food Nutrition
10. Food and Nutrition continued , hearing and speech services
11. Home health
12. Hot Lines
13. Hot Lines continued
14. Maternal, Child, and Infants
15. Housing Assistance, Legal Assistance
16. Mental Health Resources
17. Mental Health Resources continued. Medicare or sliding scale mental health clinics.
18. Health Related Programs and Services Affiliated with LCMH
19. Organizations Related to Various Health Topics
20. Organizations Related to Various Health Topics continued. Respiratory Resources
21. Respite Care Facilities
22. Sexually Transmitted Diseases - HIV/AIDS Programs and Facilities. Senior programs/resources
23. Senior Programs and Resources continued
24. Support Groups
25. Support groups continued, Alzheimer support groups
26. Illinois Medicare Phone Numbers/Vision Services
27. Resources & Information for Children with Special Health Needs
28. Certified/Licensed Marriage and Family Counselors
29. Village and Township Health Care Centers, Advocacy Groups

ALCOHOL AND DRUG INFORMATION AND RESOURCES

Illinois Dept. of Human Services

Office of Alcohol and Substance Abuse
101 S. Clinton St
Chicago, IL 60607
312-814-3840
www.dhs.state.il.us/

DHS help line
1800-843-6154

Caritas Central Intake

140 N. Ashland
Chicago, IL 60607

1-800-962-1126
312-850-9411

Little Company of Mary Hospital

Behavioral Health Service
2800 W. 95th St.
Evergreen Park, IL 60805

708-422-0110

Chicago Service Narcotics Anonymous

office # 708-450-1880

Nar-Anon

1126 N. Maple
LaGrange IL. 60525

708-848-4884
708-270-0174

New Hope Recovery Center: Chicago

2835 N. Sheffield Ave # 304
Chicago, IL. 60657

773-295-7693
888-707-4673

South Suburban Counsel on Alcohol & Substance Abuse

1909 Checker Square
East Hazelcrest, IL 60429

708-957-2854

The Bridge

[Http://bridgerecovery.com](http://bridgerecovery.com)

ANONYMOUS GROUPS

Alcoholics Anonymous

312-346-1475

Narcotics Anonymous

www.chicagona.org
or www.nar-anon.org
Main office #

708-848-4884
(24 hrs)
800-477-6291
708-450-1880

Overeaters Anonymous

Chicago South Turning Point Intergroup
P.O. Box 257
Oak Lawn, IL 60453
WWW.OA.ORG

708-346-0000

Rice Child & Family Center

1101 Washington St
Evanston, IL. 60202

847-866-3800

Little Company of Mary Hospital

& Health Care Centers Pastoral Care Department

708-229-5480

BEREAVEMENT

Children's Grief

RAINBOW

1007 Church St Suite 408 847-952-1770
Evanston, IL. 60201
www.rainbows.org/grief

Barr Harris Children's Grief Center

at Little Company of Mary Hospital
& Healthcare Centers 312-922-7474
Counseling for Death or Divorce Ext.310
Separation for Children
www.barrharris.org

Living When a Loved One Has Died

at Little Company of Mary Hospital
& Health Care Centers 708-229-5484
Support Group for Parents of
Murdered Children
Contact Person: Pat Nichols 708-720-6104

Heart Connection

At Little Company of Mary 708-229-5484

Compassionate Friends @LCMH

Richalena Taylor 708-748-6840

Chicago Institute for Psychoanalysis

Judy Shiffman
122 S. Michigan Ave Suite # 1300
Chicago, IL. 60603 312-922-7474 Ext310

BLINDNESS:

Illinois Society for the Prevention of Blindness

Prevent Blindness America
211 W. Wacker Suite #1700
Chicago, IL 60606
www.eyehelthillinois.org

BLOOD PRESSURE:

Blood Pressure Screenings

At Little Company of Mary
Call for days and times 708-229-5830

National Heart, Lung and Blood Institute

P.O. Box 30105
Bethesda, MA 20824-0105
www.nhli.nih.gov 301-592-8573

BONES:

National Resource Center on

Osteoporosis & Related Bone Diseases

2 AMS Circle
Bethesda, MD 20892
202-223-0344
http://www.niams.NIH.gov/health_Info/Bone/

CANCER INFORMATION

American Cancer Society

17060 Oak Park, IL 60477
Tinley Park, IL 60477 708-633-7770

American Cancer Society

225 N. Michigan Suite #1200
Chicago, IL 60601 312-641-6150

Medical Equipment

Loaner Program of Evergreen Park

Office of Citizen Services
708-422-8776

Worth Township Medical

Equipment Loaner Program
708-371-2900

Hospice for Terminally Ill

Little Company of Mary Hospital
Home Based Services
9800 Southwest Highway
Oak Lawn, IL 60453 708-229-4663

Leukemia & Lymphoma Society of Illinois

954 W. Washington Suite #305
Chicago, IL 60607 312-651-7350

Mammogram Testing: Central Scheduling

Little Company of Mary
Hospital 708-499-8550

Illinois Breast and Cervical Cancer

Screening Program
DPH.OWHLine@Illinois.gov

Illinois Department of Public Health

Women's Health Line 888-522-1282
American Cancer Society
Hotline Breast Cancer 1-800-227-2345
IllinoisCancerHelp.org

Y-Me Breast Cancer Support

212 W. Van Buren
Chicago, IL 60607
also at Little Company
of Mary Hospital
Contact Kelly Walsh 708-229-6015

Oncology Support Groups

at Little Company of Mary Hospital
& Health Care Centers 708-229-6015

C.H.E.E.R. (Choices, Humor, Enhancement,
Education, Renewal for Patients and Families
Living with Chronic Illness.
meets at Little Company of
Mary Hospital 708-423-5774

Free Wig Program for Cancer patients

American Cancer Society
Oak Forest IL.
www.cancer.org
(doctors order required)

Look Good, Feel Better (LGFB)

1875 Connecticut Street Suite #730
Washington, D.C. 20009 1-800-395-5665
(Division Service Center)
lookgoodfeelbetter.org

Prostate Cancer Support Group

Co-sponsored by Us Too International
at Little Company of Mary Hospital
Kelly Walsh: 708-229-6015
Meets the first Thursday of the month

Prostate Cancer Help Line

1-800-808-7866
Us too International support group
www.ustoo.org

American Cancer Society

888-227-6333

National Association for Continence

Bowel and Bladder
450 W. Hwy 22
Barrington, IL 60010
www.nafc.org 1-800-252-3337

Women's Health Line

888-522-1282
Illinois Breast & Cervical Cancer
Screening Program
PPH.owhline@illinois.gov

Pancreatic Cancer Action Network

2141 Rosecrans Ave. #700
El Segundo, CA 90245 310-725-0025

**Cancer Center: Integrative Therapy Department
At Little Company of Mary Hospital 708-229-6015**

Little Company of Mary Physical Therapy

Lymphedema Program

Janelle Trippany PTDPT, CLT Physical Therapy
Chamaine Boncaron CT, CLT 708-229-5525
Occupational Therapy 708-229-5645

Cancer Support Center:

Homewood Location
2028 Elm Rd.
Homewood, IL. 60430 708-798-9171

Mokena Location

19657 S. LaGrange Rd.
Mokena, IL. 60448 708-478-3529
Website: www.cancersupportcenter.org

Free Mammograms

www.sistersnetworkchicagochapter.org

CHILD AND FAMILY GUIDANCE

Institute for Psychoanalysis

Barr Harris Children's Grief
Center at Little Company of
Mary Hospital & Health Care Centers
Counseling for Death, Divorce,
Separation for Children 312-922-7474
www.barrharris.org

Fit Matters Program

at La Rabida Hospital 773-363-6700

Care & Counseling Center

Evergreen Park Ministry, Inc.
3900 W. 95th St 708-425-3999
Evergreen Park, IL. 60805

Rainbow for Children

Purpose: Support group for children
who have experienced a change in
their life through divorce or death
1360 Hamilton Parkway
Itasca, IL 60143. 847-952-1770
www.rainbow.org

Cook County Dept. of Public Health

Kathy Dunn, Nursing Supervisor.
10220 S. 76th Ave. Room #250
Bridgeview, IL 60455 708-974-6160

Chicago Christian Counseling

Jacobs Well Church 708-845-5500
www.chicagochristiancounseling.org

LOSS: Loving Outreach to Survivors of Suicide

721 North LaSalle St.
Chicago, IL 60654-1257 312-655-7283
www.catholiccharities.net/lose

Cook County Department of Health Hot Line

15900 S. Cicero Ave
Oak Forest, IL. 60452 708-633-4000
www.cookcountypublichealth.org

WIC Program

Free supplemental food program for
women & children in financial need
Children's Home Aid
1901 W. Harrison St .
Chicago, IL 60612 312-864-6420

Evergreen Park Youth Commission

3450 W. 97th St.
Evergreen Park, IL 60805 708-229-3377

Heart Connection

Children's Grief Program at Little
Company of Mary Hospital &
Health Care Centers 708-229-5480

Anger Behavioral Specialist:Leann Mackovitch

3522 W. 111th St
Chicago, IL. 60655 708-203-6621
for adults & children
court ordered programs

Dental

American Dental Association

211 E. Chicago Ave
Chicago, IL 60111 312-440-2500
www.ada.org

Dermatology

American Academy of Dermatology

930 E. Woodfield Rd. 847-330-0230
Schaumburg, IL 60173 866-503-7546 – Member resource center

Skin Cancer Foundation

149 Madison Ave. Suite #901 212-725-5176
New York, NY 10016
www.skincancer.org

LITTLE COMPANY OF MARY HOSPITAL HEALTH EDUCATION CENTER

708-423-5774

Regular Health Services

Healthy Heart Lab Screening
Blood Pressure Testing
Thyroid Screenings
Annual Men's Wellness Event
Low dose CT Lung Cancer Screening
Wake Up Call Screening
Vitamin D. Screenings
A1C Screenings
Thyroid Screenings

Lifestyle Programs

Smoking Cessation
Hypnosis
Nutrition Counseling 708-229-5429

Children's Programs

LCM Babysitting Class

Fitness

Tai Chi

Specialty Programs

Special Events/Programs
Wellness Lectures
Weight Management
Diabetes Management

Maternal Child Education Programs

Baby Care Basics
Birthing Basics
Lamaze Refresher
Parenting Classes
Sibling Classes
Having a Baby at LCMH Tour 708-423-3070
Hypnobirthing 773-620-3829

AT LITTLE COMPANY OF MARY

HEALTH EDUCATION CENTER

Stress Relief

Hypnosis: for Weight and Smoking
Massage Therapy

Women's Wellness Consultants

Community Lectures

Signature events:
Girls Night Out: September
Celebrate the Heart of Woman: February 708-423-5774
708-229-5830

DIGESTIVE DISORDERS

Celiac Sprue Assn.

CSA Greater Chicago Chapter # 19
P.O. Box 31700
Omaha, NE 86131-0700 402-558-0600
www.csaceliacs.org

National Digestive Disease Information

www.digestive.niddk.nih.gov

DIETARY HELP

Overeater Anonymous

Linda R. Harper, Ph.D. and
Mario M. Gallo, Ph.D.
Licensed Clinical Psychologists
3830 W. 95th St. 708-346-0000
Evergreen Park, IL 60805 708-423-5330

Lil's Dietary Specialty Store

2738 W. 111th St.
Chicago, IL 60655 773-239-0355
www.lilsdietaryshop.com
Provides help with medically prescribed diets
Celiac, renal, low protein and other special
diets.

Little Company of Mary Hospital

Bariatric Centers

2850 W 95th St.
Evergreen Park, IL 60805 708-229-5969

University of Illinois

Eating Disorder Clinic

912 S. Wood St.
Chicago, IL 60612

Diabetes Center

Little Company of Mary Hospital

2800 W. 95th St.
Evergreen Park, IL 60805 708-229-5629

Nutritional Counseling at Little

Company of Mary Hospital and Health

Care Centers 708-229-5629

Nutritional Hotline at Little

Company of Mary Hospital and

Health Care Centers 708-229-5429

Diabetes Support Group at Little

Company of Mary Hospital 708-229-5629

FAMILY CRISIS

Child Abuse/ Neglect

Illinois Dept. of Children and Family Services
Chicago, IL 60616
Hotline: Springfield, IL 1-800-252-2873

Domestic Violence

Crisis Center for South Suburbs 708-429-7233

Domestic & Sexual Violence Hotline 1-877-863-6338

24/7 MULTILINGUAL: Illinois Resident
www.batteredwomensnetwork.org

Domestic Violence Outreach Ministry

Archdiocese of Chicago

<http://www.familyministries.org/resources/index.asp?c>
<http://www.sacredheartpalos.org/DVDir.html>

Domestic Violence (National)

TTY (Deaf) 1-800-787-3224

YMCA

1030 W. Van Buren St 312-932-1200
Chicago, IL 60607

Chicago Rape Crisis Hotline

888-293-2080

Loving Outreach to Survivors

Of Suicide (LOSS)

Catholic Charities- Cook County
721 N. LaSalle St.
Chicago, IL 60654 312-655-7283
www.catholiccharities.net/loss

Catholic Charities South Regional Services

South Suburban Services
16100 Seton
South Holland, IL 60473 708-333-8379

Catholic Charities Southwest Region Office

7000 W. 111th St.
Worth, IL 60482
Call for supplemental food packages:
9 A.M.- Noon and 1- 4 p.m.
Mon., Thurs., and Fri 708-430-0428

South Suburban Family Shelter

P.O. Box 937
Homewood, IL 60430 708-335-3028

Family Services/ Family Crisis

Genesis Therapy Center
Oak Lawn Family Services
9401 S. 53rd Court
Oak Lawn, IL 60453 708-423-3361
www.genesiscenter.org/loss

Parenting

Parents Without Partners
1650 S. Dixie Hwy. Suite #500
Boca Raton, FL 33432 1-800-637-7974
(Support, social and educational
Activities for single parents)

YWCA

Women's Services
1N. LaSalle St. Suite 1100. 312-372-6600
Chicago, IL 60602

SHELTERS:

South Suburban Pads 708-332-7700
Free emergency overnight shelter from
7 pm - 7 am October 1 thru April 30

A New Direction

Beverly Morgan Park
Rita Ryan 773-253-7226
(Certified Domestic Violence Professional)
Email: ritaryan500@gmail.com
www.anewdirectionbmp.org

FAMILY CRISIS CON'T

CERTIFIED/LICENSED MARRIAGE AND FAMILY COUNSELORS

Thomas K. Jacobs, M.A., L.C.P.C.
3759 W 95th St Ste 3
Evergreen Park, IL 60805-2000
Phone: (866) 296-5262

Kathy Stathos, M.S., LMFT
9901 S Western Ave Ste 207
Chicago, IL 60643-1800
Phone: (773) 238-9766

Sister Jude Moore, R.N., LCSW, DCSW
Ministry Office of Sacred Heart Parish
8245 West 111th Street
Palos Hills, IL.
708-974-3336, extension 222
Fees are negotiable; scheduling is flexible.

Gleaves Consulting
Nancy Gleaves, L.C.P.C, R.A.D.C.
Kenneth Gleaves Ph.D., L.C.P.C., C.A.D.C
3220 W. 98th St. Suite # 204 & 206
Evergreen Park, IL. 60805 708-422-2885

Vet Center /Trauma Center
7731 S. Halsted St
Chicago, IL. 60620
773-962-3740

Hank Zwirkoski, NCC, LCPC, LMHC.
CCI Therapist (Couple Counseling Intensive)
Profile on LinkedIn

Enrich-7 (7hour CCI workshops for couples)
Oak Lawn Chicago Ridge and Palos
hz.lcpc@gmail.com
708-638-2804

The RAVINES Retreat Center
Dyer, Indiana (Thursday thru Sunday weekends)
www.theravines.org

219-864-5063
Online registration for THE RAVINES
pjabaay@wearefaith.org or
mmiller@wearefaith.org

BC-BS in network provider, Individual counseling
available through a limited private practice
(BC-BS and self-pay only)
hz.lcpc@gmail.com
708-638-2804

FOOD AND NUTRITION

Aging Care Connections

111 W. Harris Ave
LaGrange, IL 60525
M-F 8:30A.M.-4:30P.M. 708-354-1323
www.agingcareconnections.org

City of Chicago Call Center 312-744-5000 (311 Call Center)
1-800-654-8595

Emergency Food Shelter

(Chicago Residents Only)
Dept. of Human Services 1-800-654-8595
Aging Care Connections 708-354-1323
WWW.CITYOFCHICAGO.ORG

Evergreen Park Community Center

Food Pantry

3450 W. 97th St
Evergreen Park, IL. 60805
Open Fridays only from 10 a.m. – Noon and 2 – 4 p.m.
Contact: Mary Ann Diehl 708-422-8776

Plows/Meals on Wheels 708-361-0219

Council on Aging
Meals on Wheels
Dept. of Aging: Palos, Lemont, Orland, Worth Townships
(Referring Agency; will refer to Meal Providers)
www.plows.org

South Suburban

Senior Service of Catholic Charities
15300 S. Lexington
Harvey, IL 60426 708- 596-2222

St. Blase Site

Catholic Charities Southwest Main Office
Southwest Region
Food Pantry
708-430-0428
7438 S. 75th
Summit, IL

Catholic Charities Food Program

• Food pantry Info 708-563-2407
Main office 708-430-0428

Chicago Dept. of Family and Support Services 312-744-4016
Senior Center

HEARING AND SPEECH

Chicago Hearing Society

2001 N. Clybourn 773-248-9121
Chicago, IL 60614 773-248-9174 TTY
Hours: 8:30 – 4:30 pm
www.chicagohearingssociety.org

Sertoma Speech & Hearing Center

10409 Roberts Rd.
Palos Hills, IL 60465 708-599-9500
www.sertomacenter.org Fax: 708-599-2791

**Speech, Swallowing, and
Communicative Disorders**

at Little Company of Mary Hospital
and Health Care Centers
2800 W. 95th St.
Evergreen Park, IL 60805 708-229-5285

HOME HEALTH

Home Instead Senior Care

12416 S. Harlem Suite #100
Palos Heights, IL 60463 708-671-2648

Little Company of Mary Hospital

Home Based Services

9800 Southwest Highway
Oak Lawn, IL 60453 708-229-4663

Doubek Medical Supply and Pharmacy

11350 S. Cicero Ave.
Alsip, IL 60803 708-293-1122

Little Company of Mary Hospital

Mobil Medical Care 708-229-6985

Little Company of Mary Hospital

Health Care Centers, Home Based Services & Hospice

9800 Southwest Highway
Oak Lawn, IL 60453 708-229-4663

Lutheran Social Services

1001 E. Touhy
Des Plaines, IL 60018 847-635-4600

Caregivers Connection to Health

Sponsored by

Little Company of Mary Hospital

Home Health

(Support Group for families caring for
Loved ones 708-229-4663
LCM Social Worker: 708-229-6913

HOT LINES

<u>Alcohol Anonymous</u> www.chicagoaa.org	312-346-1475	<u>HIV/AIDS- Illinois</u> 9am - 9 pm Mon- Saturday	1-800-243-2437
<u>Al-Anon, Family, Al A Teen</u>	888-425-2666		
<u>Spanish & French</u>	312-850-0949	<u>A New Direction: Beverly Morgan Park</u> Certified Domestic Violence Professional www.anewdirectionbmp.org Email:ritaryan500@gmail.com	773-253-7226
<u>Adult Children of Alcoholics</u> Adultchildren.org		<u>Nursing Home Complaints</u>	1-800-252-4343
<u>Narcotics Anonymous/24 hr hotline</u> <u>Helpline & Treatment Program</u>	708-848-4884	<u>Organ Donation/Donate Life</u> www.donate life.org	804-377-3580
<u>Nar-Anon Referral</u> <u>World Service Office</u>	1-818-773-9999	<u>Illinois Poison Center</u>	800-222-1222
<u>Abused/Battered Women 24 hr. hotline</u> <u>And Children</u> www. Cawc.org	773-278-4566	<u>STD (Sexually Transmitted</u> <u>Disease) Hotline</u>	1-800-243-2437 8 A.M.-10 P.M. 7 days a week
<u>Child Abuse Hotline</u>	1-800-252-2873	<u>Loving Outreach</u> <u>Survivors of Suicide</u> (LOSS) Cook County	312-655-7283
<u>Elder Abuse Hotline/Adult protective</u> (Illinois Dept. of Aging)	866-800-1409	<u>The National Suicide Prevention</u> <u>Lifeline</u> Available 24/7 Also Veterans Crisis Line	1-800-273-8255
<u>Chicago/Illinois</u> <u>Domestic Violence</u> 24/7; multilingual	877-863-6338	<u>National Council on Alcoholism</u> <u>& Drug Dependence</u> www.ncadd.org	1-800-622-2255
<u>Missing Children</u> <u>National Hotline</u> Child Search	1-800-316-HOPE		
<u>RAINBOW'S for all children</u> (Support Group for Loss or Divorce)	847-952-1770		
<u>Breast Cancer</u> <u>Network of Strength</u> (Support for all issues Dealing with Breast Cancer) 212 W. Van Buren 5th Floor Chicago, IL 60607	1-800-221-2141		
<u>Prevent Blindness</u> <u>America</u>	1-800-331-2020		
<u>National Osteoporosis</u> <u>Foundation</u> www.nof.org	1-800-231-4222		

HOTLINES CONTINUED

National Stroke Assn. 1-800-787-6537

Suicide Hotline Crisis & Advocate Crisis Hotline (24/7) 773-296-5380

Mental Health America 1-800-969-6642

Alzheimer's Association 1-800-272-3900

American Cancer Society 1-800-227-2345

American Diabetes Assoc. 1-800-232-3472

American of Nutrition Dietetics
www.eatright.org

American Heart & Stroke Assoc. 1-800-242-8721

Asthma & Allergy Foundation 1-800-727-8462

Domestic Violence 1-800-799-SAFE
National Domestic Violence Hotline
Available 24/7

American Lung Assoc. 1-800-586-4872

American Medical Assn.
515 N. State St.
Chicago, IL 60610 312-464-5000

American Brain Tumor Assn. 773-577-8750
8550 W. Bryn Mawr Ave Suite 550
Chicago, IL. 60631-3225
Fax# 773-577-8738

Cancer Information Services of National Cancer Institute 1-800-422-6237

National Dating Abuse
24/7 866-331-9474
www.LOVEISRESPECT.ORG

National Council on the Aging
251 18th St. South Suite 500 1-800-424-9046
Arlington, Va. 22202 Fax: 517-527-3901

Multiple Sclerosis
425 W. Monroe St. 312-421-4500
Chicago, IL 60661 1-800-344-4867
www.mss.org

Arthritis Foundation
Available 24/7
1-800-283-7800

**MATERNAL, CHILD,
AND INFANTS**

Maternal/Child Baby line 708-423-3070
Little Company of Mary Hospital Ext. 2229
Baby Care
Breast Feeding
Preparation for labor/birth

Courage Unplanned Pregnancy
Counseling and Advice
Free Pregnancy Testing
St. Germaine Parish
4240 W. 98th St.
Oak Lawn, IL 60453 708-636-8001

Programs for Parents at Little Company
Infant CPR
Parenting Classes
Feeling Good about Me 708-423-3070

Archdiocese of Chicago
Natural Family Planning 312-534-8273
Human Dignity & Solidarity 312-534-5354

Archdiocese of Chicago 312-534-8351
Family Ministries Office
Marriage Preparation
Program

Chicago Dept. of
Public Health Administrative office: 312-747-9140
Nutrition Services/WIC program Fax 312-747-8799
333 S. St. St Room 200
Chicago, IL 60604
www.cityofchicago.org/health

Birth Certificate Copies for
Evergreen Park
Evergreen Village Hall
9418 S. Kedzie 708-422-1551
Evergreen Park, IL 60805
(For Little Company of Mary Births Only)

Peri-natal Bereavement of
Northwest Community Hospital
Anna Ven Coordinator of services
Arlington Heights, IL 847-618-3208

Postpartum Support International
www.postpartum.net
Jennifer Mudd Houghtaling 1-800-944-4773

Postpartum Depression/Perinatal Loss 866-364-6667
Hotline English/Spanish (24/7) interpreter

HOUSING ASSISTANCE

Catholic Charities Southwest Region

Will give resource numbers

South Suburbs 708-430-0428

Client Services/Cook County 312-655-7700

Dept. of Human Services

Emergency Shelter

Chicago Residents ONLY Chicago # 311

www.citychicago.org

The PORT Ministries

5013 S. Hermitage

Chicago, IL 60609 773-778-5955

www.theportministries.org

PADS PROGRAMS

10037 S. Ridgeland

Oak Lawn, IL. 60453

North Tier Pads 708-233-1221

LEGAL ASSISTANCE

Advanced Directives

Living Will & Durable Power of Attorney

For Healthcare

Little Company of Mary Hospital

Pastoral Care Department 708-229-5480

Attorney General's Office

Senior Hotline

Consumer complaints 1-800-243-5377

Call a Lawyer

Chicago Bar Assn.

1 Lawyer referral service

3rd Sat. of the Month

321 Plymouth Ct.

Chicago, IL 60604 312-554-2001

Legal Assistance Foundation

Chicago South Office

900 E. 162nd St. 312-341-1070

South Holland, IL 60473 708-271-4950

Legal Aid Bureau

Lawyer Referral Program

Legal Bureau of United Charities

121 N. LaSalle Room #100

Chicago, IL 60603 312-986-4200

City of Chicago Support and Family Services

(Senior Division) 312-744-4016

MENTAL HEALTH RESOURCES

NAMI of Chicago

National Alliance of Mental Illness
1536 W. Chicago Ave.
Chicago, IL 60622 312-563-0445

Behavioral Health at Little
Company of Mary Hospital 708-422-0110

Counseling Center and Associates
Susan Merl Nachison, M.S.
10200 Cicero Ave Suite #201
Oak Lawn, IL 60453 708-423-1133

Department of Human Services
for home services up to age 59
Chicago Residents ONLY
8600 S. Pulaski
Chicago, IL 60652 773-838-5660
Ask for office in your zip code

Bipolar Support Group
Meets 2nd & 4th Tues each Month
6:30-8:30 p.m. FREE
Silver Cross Hospital
1200 Maple Rd.
Joliet, IL 815-727-4549
www.bipolardepressionoptions.com

Greater Lawn Mental Health
4150 W. 55th St.
Chicago, IL 60632 312-747-1020

Blue Cap 708-389-8137

Palos Psychiatric Recovery
Inst. 708-448-8470

Metropolitan Family
Services Southwest 708-974-2300
10537 S. Roberts Rd.
Palos Hills IL. 60465

Oak Lawn Family Services
(RESIDENTS ONLY) 708-423-3361

Partial Psychiatric Hospitalization
at Little Company of Mary Hospital
708-422-0110

National Assn. of Anorexia Nervosa
and Associated Disorders
www.anad.org

Catholic Charities Counseling 708-333-8379
South Suburban Regional Services

West Suburban Client Services
Catholic Charities Intake Dept.
1400 Austin 312-655-7725
Cicero, IL.

Center for Spiritual Health
Morgan Park Baptist Church
11024 S. Bell
Chicago, IL 60643 773-445-9443
Morganparkbaptist.org

Linda R. Harper, PH.D. and
Mario Gallo, Ph.D. Licensed Psychologist
3830 W. 95th St. Suite #110
Evergreen Park, IL 60805 708-423-5330

12 Step Program for anyone wanting
emotional health
P.O. Box 4245
St. Paul, MN 55104 651-647-9712

Depression and Bipolar Support Alliance
730 N. Franklin St.
Chicago, IL 60610 1-800-826-3632

Anxiety and Depression Assn. 240-485-1001

Kolbe House Jail Ministry Assumption Church
2434 S. California Ave
Chicago, IL. 60608
773-247-0070
Website: kolbehouseministry.org

Chatham Family Counseling Center

1111 E. 87th St. Suite 300
Chicago, IL. 60619 773-413-1818

Hartgrove Hospital Intensive Outpatient Program

5730 W. Roosevelt Rd
Chicago, IL. 60644 773-413-1720

**FREE MEDICARE OR SLIDING SCALE
MENTAL HEALTH CLINICS**

Grand Prairie Services

19530 Kedzie Ave.
Flossmoor, IL 60422 708-799-2200

Grand Prairie Services

15406 Lexington
Harvey, IL 60426 708-596-5900

Metropolitan Family Services

Midway Location
3843 W. 63rd St.
Chicago, IL 60629 773-884-3310

Metropolitan Family Services

South East Location
3062 E. 91st St.
Chicago, IL 60617 773-371-2900

Metropolitan Family Services

Calumet Center .
235 E. 103rd St...
Chicago, IL 60628 773-371-3600

Metropolitan Family Services

South West Center
13136 S. Western Ave.
Blue Island, IL 60406 708-974-5800
(Also) 10537 S. Roberts Rd
Palos Hills IL. 60465 708-974-2300

Englewood Mental Health

641 W. 63rd St
Chicago, IL. 60621 312-747-7496

Palos Township Services

10802 S. Roberts Rd.
Palos Park, IL. 60465 708-598-2441

Stickney Township: "for Stickney residents only"

5636 State Rd
Burbank, IL 60459 708-424-9200

Worth Township

11601 S. Pulaski Rd.
Alsip, IL. 60803 708-371-2900
Clinic 708-371-3393

Roseland Mental Health Center

28 E. 112th Place
Chicago, IL. 60628 312-747-7320

Pillars

8020 W. 87th St
Hickory Hills, IL. 60457 708-745-5277

**HEALTH RELATED PROGRAMS AND SERVICES AFFILIATED WITH
LITTLE COMPANY OF MARY HOSPITAL
AND HEALTH CARE CENTERS**

Care Station

5660 W. 95th St
Oak Lawn, IL 60453 708-499-2273

Little Company of Mary Hospital

Physical Therapy
2800 W. 95th St.
Evergreen Park, IL. 60805 708-229-5525

Oak Lawn Outpatient Care Center

6700 W. 95th St 708-974-7600
Oak Lawn, IL. 60453

**Free Pregnancy
Testing (Courage)**

708-636-8001

**Case Management
Dept.**

708-229-5700

**Little Company of Mary
CHF Clinic**

708-229-4957

Little Company Senior Services

(Senior Services)
Education Resources
Medicare Billing assistance/Insurance counseling
708-229-5456

**Little Company of Mary Hospital
& Health Care Centers**

Mobile Medical Programs 708-229-6985

**Little Company of Mary
Cancer Center and Integrated
Therapy Programs**

708-229-6015

Caregivers Support Group
Kelly Walsh, M.S. LCPC

**Little Company of Mary
Bariatric Surgery Center**

708-229-5969

Home Based Services

Skilled Nursing
IV Therapy
Physical & Occupational Therapy
9800 Southwest Hwy.
Oak Lawn, IL. 60453 708-229-4663

Hospice Program

9800 Southwest Hwy.
Oak Lawn, IL 60453 708-229-4663

ORGANIZATIONS RELATED TO VARIOUS HEALTH TOPICS

American Heart Association

208 S. LaSalle St. Suite #1500 312-346-4675
Chicago, IL 60604 1-800-242-8721

American Cancer Society

17060 S. Oak Park Ave.
Tinley Park, IL 60477 708-633-7770

Poison Center TTY/TDD

1800-222-1222

Arthritis Foundation

Greater Chicago Chapter

35 E. Wacker Dr. Suite #2260
Chicago, IL 60601 312-372-2080

Brain Injury Assn. of Illinois

www.biaill.org 312-726-5699

Epilepsy Foundation of Greater Chicago

17 N. State
Chicago, IL 60602 312-939-8622

Illinois Departments of Women's Health & Family Services

535 W. Jefferson St. 1st Floor
Springfield, IL 62761 (Office) 217-524-6088
Women's Health Line 888-522-1282

Juvenile Diabetes Research Foundation

1 N. LaSalle St. Suite 1200
Chicago IL 60602 312-670-0313

Catholic Charities

St. Leo Campus
7750 S. Emerald
Chicago, IL 60620 773-651-9950

Lupus Society of Illinois

525 W. Monroe
Suite #900 1-800-258-7872
Chicago, IL 60661 312-542-0002 (Main #)

National Multiple Sclerosis Society

Chapter Greater Illinois

910 W. Van Buren
Chicago, IL 60607 312-421-4500

National Kidney Foundation of Illinois

215 W. Illinois St. Suite #1C
Chicago, IL 60610 312-321-1500

American Parkinson's Disease Assn.

at Central DuPage Hospital
Glenview, IL 60026 1-800-223-2732
www.apdaparkinson.org

Scleroderma Foundation of Greater Chicago

330 S. Wells St.
Chicago, IL 60626 312-660-1131

VA Outpatient Clinic

4700 W. 95th St. Suite #104
Meets 8 A.M.-4:30 P.M. Mon-Fri
Oak Lawn, IL 60453 708-499-3675

U.S. Department of Veterans Affairs

American Diabetes Assn.
55 E. Monroe Suite #3420
Chicago, IL 60603 1-800-827-1000
312-346-1805

North Shore University Medical Group Neurologic Institute

1-847-657-5787

Social Security

1-800-772-1213

ORGANIZATIONS RELATED TO VARIOUS HEALTH TOPICS CON'T

March of Dimes

111 W. Jackson Blvd. # 1650
Chicago, IL 60604 312-435-4007

Kidney & Urology Foundation

63 West Main St Suite G 212-629-9770
Freehold, NJ 1-800-633-6628
www.kidneyurology.org

American Liver Foundation

20 West Kinzie St 17th Floor 312-377-9030
Chicago, IL 60654 1-800-465-4837
www.liverfoundation.org

RESPIRATORY RESOURCES

Respiratory Health Association of Metropolitan Chicago

1440 W. Washington Blvd.
Chicago, IL 60607 312-243-2000

Huff and Puff Club Pulmonary Function Lab

Little Company of Mary Hospital
& Health Care Centers
2800 W. 95th St.
Evergreen Park, IL 60805 708-229-6558

RESPIRE CARE FACILITIES

Good Shepherd Center for Exceptional Children

17314 Kedzie Ave

Hazel Crest, IL 60429

708-335-0020

mmcloughlin@gscenter.org

www.gscenter.org

For children ages 0-18 with Autism, Cerebral palsy, Epilepsy, or Mental Retardation

Email: mmcloughlin@gscenter.org

Homewatch Caregivers

8723 W. 95th St

Hickory Hills, IL. 60457

708-448-4068

Fax: 708-443-4266

Website: <http://www.homewatchcaregivers.com/find-a-caregiver/illinois>

LARK

19043 Wentworth Ave

Lansing IL. 60438

708-474-1540

Fax: 708-474-1586

Website: <http://larclansing.com/index.php>

Contact: Lora Hurling

Email: lhayes@larclansing.com

Lutheran Social Services of Illinois

1001 E. Touhy # 50

DesPlaines, IL 60018

847-635-4600

Website:

<http://lssi.org/Service/RespiteServiceForCaregiversofIndividualswithDevelopmentalDisabilities.aspx>

Email: info@lssi.org

New Horizon Center for D.D.

6737 W. Forest Preserve Ave

Chicago IL. 60634

773-286-6226 ext # 223

Fax: 773-286-7674

Contact Alana Coco

Email: ckilcoyne@algxmail.com

SEXUALLY TRANSMITTED DISEASES
HIV AND AIDS
PROGRAMS AND FACILITES

Alexian Brothers Bonaventure House

HIV/AIDS Transitional Housing
 825 W. Wellington
 Chicago, IL 60657 773-327-9921

SENIOR PROGRAMS AND/OR RESOURCES

Alzheimer's & Geriatrics Outpatient Services

Assessments at Little
 Company of Mary Hospital
 2800 W. 95th St. 708-229-5625
 Evergreen Park, IL 60805

**Alzheimer's Disease and
 Related Disorders Assn.**

225 N. Michigan Ave #1700
 Chicago, IL 60601 312-335-8700

Alzheimer's Association 1-800-272-3900

**American Association
 of Retires Persons**

8750 W. Bryn Mawr Ave. #600
 Chicago, IL 60631 866-448-3613

Catholic Charities

721 N. LaSalle
 Chicago, IL 60610 312-655-7000

Chicago Department of Aging

Atlas Senior Center
 1767 E. 79th St.
 Chicago, IL 60649 312-747-0189

**Chicago Department
 of Senior Services**

6117 S. Kedzie
 Chicago, IL 60629 312-747-0440

RTA Public Transportation

Travel Information Center
 Chicago Suburbs 312-836-7000

Illinois Department of Aging

160 N. LaSalle Suite #700
 Chicago, IL 60601 312-814-2630

Illinois Department of Aging Helpline

1-800-252-8966

Washington Aging & Disability Services

14 Jefferson Office Building #2
 Washington, D.C. 98504

Japanese Cultural Center/Classes only

8512 S. Cicero Ave.
 Burbank, IL 60459 708-857-8577

Leading Age

2519 Connecticut Ave Northwest
 Washington, D.C. 20008 202-783-2242
www.aahsa.org

Mobile Medical Care Program

Little Company of Mary Hospital
 & Healthcare Centers 708-229-6985

PLOWS Council on Aging

7808 College Dr. 5th Fl.
 Palos Heights, IL 60463 708-361-0219
 (Cook, Lemont, Orland, Worth Townships only)

SHIP Counseling/Senior Services

(Senior Health Insurance Program)
 at Little Company of Mary 708-229-5456
 (Carolyn Galvin)

SENIOR PROGRAMS AND RESOURCES

CONTINUED

<u>Illinois Dept. on Aging</u> 421 E. Capital Springfield, IL 62701-1789	1-800-252-8966	<u>Hometown Community Nutrition Network</u> Meals on Wheels 9420 S. 52 nd Ave. Oak Lawn, IL 60453	708-422-5180
<u>Office of Citizen Services</u> 3450 W. 97 th St. Evergreen Park, IL 60805	708-422-8776	<u>Respite Care</u> Manor Care Health Services 6300 W. 95 th St. Oak Lawn, IL 60453	708-599-8800
<u>Addus Healthcare</u> <u>Adult Day Services</u> 1818 Ridge Rd. Suite #1W Homewood, IL 60430	708-957-4365	<u>Worth Township Medical</u> <u>Equipment Loaner Program</u> (Clinic, Minibus service, etc..)	708-371-2900
<u>Villa at Evergreen Park</u> 10124 S. Kedzie Evergreen Park, IL 60805	708-907-7000	<u>The Eldercare Locator</u> U.S. Administration on Aging www.eldercare.gov	1800-677-1116
<u>St. Xavier University</u> <u>The Renaissance</u> (Senior Programs) 3700 W. 103 rd St. Chicago, IL 60655	773-298-3149 773-298-3050		
<u>Aging Care Connections</u> 111 W. Harris La Grange, IL 60525	708-354-1323		
<u>Arden Courts/Alzheimer</u> Assisted Living 7880 W. College Dr. Palos Heights, IL. 60463	708-361-8070		
<u>Home Instead Senior Care Facility</u> Brad Dahleen 12416 S. Harlem #100 Palos Heights, IL 60463	708-671-2648		

SUPPORT GROUPS

Little Company of Mary Hospital

Caregivers Connection to Health 708-229-6913

Jessica Allison

Les Turner ALS Foundation

5550 W. Touhy Suite #302 847-679-3311

Skokie, IL 60077

Meets 10 A.M.-Noon 3rd Sat. of the month
at LCMH

Alcohol Anonymous

312-346-1475

Narcotics Anonymous

708-848-4884

www.ChicagoNA.org

Cocaine Anonymous

312-834-3784

Alanon/Alateen

888-425-2666

AA Meetings, Alanon, Alateen services

Chicago

312-409-7245

Niafg.org

Adult Children of Alcoholics

310-534-1815

Adultchildren.org

L.O.S.S./Suicide: Catholic Charities

Support Group

312-655-7283

Barr-Harris Children's

Grief Counseling (LCMH)

773-213-8477

Celiac Support Group

(Peg Rafferty)

773-620-8429

Compassionate Friends

(for bereaved parents and siblings)

At LCMHHCC

(Richelena Taylor)

708-748-6840

Enhancement, Education, and Renewal for patients and families

With life-threatening illness) 708-423-5774

Choices Family Crisis Program 708-429-7255

Y-Me Breast

Cancer Support Group

Meets 7P.M.-8:30P.M. 1st Tues of the month

at LCMH

708-229-6015

Divorce Recovery

Christ Church of Oak Brook

630-654-3233

Emotions Anonymous

708-383-0200

(Emergency & Non-emergency)

Grief Support Group/Pastoral Care

Children & Adults

708-229-5480

(for children 5-17)

at Little Company of Mary Hospital

Huff n' Puff and Adult Asthma 708-229-6558

Laryngectomy/Speech Therapy

Swallowing Disorders

708-229-5285

Metastatic Breast Cancer Support Group

Meets 6:30P.M.-7P.M. 1st Tues. of the month

at LCMH

708-229-6015

National Multiple Sclerosis

Society (M.S.)

312-421-4500

Overeaters Anonymous

708-346-0000

Chicago South Suburban Intergroup

www.region50A.org

Health Advisory

1-800-323-8622

CHEER (Choices for Humor, Women and Children of Domestic Violence

Advocate Health Care

Message Center

1-800-323-8622

Domestic Violence Crisis Center

708-429-7255

SUPPORT GROUPS CON'T

Depressive/ Bipolar Support Group

Bipolardepressionoptions.com

800-826-3632

US Too Prostate Cancer Support

Meets 7P.M.-9 P.M

1st Thur. of the month.

708-229-6015

Arthritis Foundation of Chicago

35 E. Wacker
Chicago, IL. 60601
312-372-2080

Brain Injury Assn. of Illinois

biail.org

312-726-5699

Trinity United Church of Christ

Family Caregiver Support Group

Meets 1st Wed from 12:30pm – 2:30 pm.and
4th Tues. 6 pm- 8pm
400 W. 95th St. Room 102
Chicago IL. 60628
Contact Deacon George, FCN 773-966-1558

American Brain Tumor Assn.

ABTAhope.abta.org

800-886-2282

ALZHEIMER CAREGIVER SUPPORT GROUPS

Villa Healthcare Evergreen Park

10124 S. Kedzie Ave
Evergreen Park, IL. 60805

708-907-7000

Peace Memorial Village & Circle Inn

Alzheimer's/Dementia Support Groups

10310 Village Circle Dr.
Palos Park, IL 60464
Fred Greewe Community Center

708-671-2470

Southwest Suburban Center for Aging

111 W. Harris Ave 708-354-1323

LaGrange, IL 60525

7-8 PM. First Friday of the Month

www.agingcareconnections.org

Arden Courts of Palos Heights

7880 W. College Dr.
Palos Heights, IL 60464

708-361-8070

LaGrange

Adventis LaGrange Memorial Hospital

5101 S. Willow Springs Rd.

7pm – 8 pm 1st Tues of month: 708-245-8083

Alzheimer's Assn.

National Headquarters
225 N. Michigan Ave. Floor #17
Chicago, IL 60601

312-335-8700

Symphony at 87th St.

2940 W. 87th St.
Chicago, IL 60652
Contact Manager: Desiree Mallett

773-434-8787

Smith Village Therapy Department

11308 S. Oakley
Chicago, IL 60643
(Meets 4th Tues. of every month except May, June, July, and December)
6:30 P.M.-7:30P.M.

773-474-7385

Alzheimer Association Help Line

847-933-2413 or 1-800-272-3900

ILLINOIS MEDICARE PHONE NUMBERS

<u>Social Security Admin. (SSA)</u> www.ssa.gov	1-800-772-1213	<u>Illinois Dept. on Aging</u> www.aoa.gov	1-800-252-8966
<u>General Medicare Questions</u> www.medicare.gov	1-800-633-4227		
<u>Railroad Retirees Part B</u> <u>Part A Claims DME Claims</u>		<u>Office of the Secretary of State</u> <u>(Senior/Veterans)</u> Jesse White Office/ Public Information Line	1-800-252-2904
<u>United Mine Workers America</u> Health and Retirement Funds	1-800-843-8109		
		<u>Office of the Attorney General</u>	
<u>Federal Black Lung Program</u> <u>US Dept. of Labor</u>	1-800-638-7072	Lisa Madigan's Office Consumer Fraud	217-782-1090
<u>Medicare Quality</u> Improvement Organization (QIO) Illinois Foundation for Quality Organization Illinois Foundation for Quality Healthcare www.healthfinder.gov		<u>Illinois Dept. of Insurance</u> <u>Illinois Dept of Aging</u> healthcare.gov	217-782-4515 800-548-9034

VISION SERVICES

<u>Chicago Lighthouse for the Blind</u> 1850 W. Roosevelt Rd. Chicago, IL 60608	312-666-1331	<u>"Learning Ally"</u> 9612 W. 143 rd St. Orland Park, IL 60462	800-221-4792 708-349-9356
<u>American Foundation for the Blind</u> 2Penn Plaza Suite #1102 New York, NY 10121 afb.org			
<u>Illinois Talking Book Outreach Center</u> 125 Tower Dr Burr Ridge, IL. 60527 www.illinoistalkingbooks.org	800-426-0709		

**SOURCES AND INFORMATION FOR
CHILDREN WITH SPECIAL NEEDS**

Autism Support Group

Trinity Evangelical Covenant Church
9230 S. Pulaski Rd.
Oak Lawn, IL 60453 708-422-5111

National Center for Children with Disabilities

Family Resource Center
20 E. Jackson Blvd Room 300
Chicago, IL. 60604 800-952-4199
www.frcd.org 312-939-3513

Asthma and Allergy Foundation of America

www.aafa.org 800-727-8462

National Childhood Cancer Foundation

Care Search
4600 E. West Hwy. Suite #600
Bethesda, MD 20814 1-800-458-6223
www.nccf.org

United Cerebral Palsy Association

www.ucp.org 1-800-872-5827

Muscular Dystrophy Association

www.mdaua.org 1-800-572-1717

Cystic Fibrosis Foundation

www.cff.org 1-800-344-4823

Easter Seals Society

233 S. Wacker Dr. Suite #2400
Chicago, IL 60606 1-800-221-6827
www.easterseals.com

The Epilepsy Foundation of Greater Chicago

17 N. State St Suite 650
Chicago, IL. 60602 800-273-6027
www.epilepsy.com

Kids with Heart National Organization

Children with Heart Disorders
www.kidswithheart.org 1-800-538-5390

National Heart, Lung, and Blood Institute

www.nhlbi.nih.gov 301-592-8573

March of Dimes Birth Defects Foundation

New York Division 212-353-8353
www.modimes.org

National Organization for Rare Disorders

www.rarediseases.org 1-800-999-6673

Illinois Elks Children's Care

Children's Orthopedic Clinic-Free
Call for Appointment 217-483-3020

Spina Bifida Association of America

www.sbaa.org 1-800-621-3141

Cure SMA

925 Busse Rd.
Elk Grove Village, IL 60007 1-800-886-1762
www.cure.SMA

National Spinal Cord Injury Association

www.spinalcord.org 1-800-962-9629

Christopher & Dana Reeve Foundation

www.paralysis.org 1-800-539-7309
www.informationAchristopherreeve.org

American Association on
Intellectual and Developmental Disabilities
www.aaid.org

National Hemophilia Foundation

www.hemophilia.org
Dr. She 212-238-3700

National Kidney Foundation

www.kidney.org 1-800-622-9010

CERTIFIED/LICENSED MARRIAGE AND FAMILY COUNSELORS

Thomas K. Jacobs, M.A., L.C.P.C.

3759 W. 95th St. Suite 3
Evergreen Park, IL 60805-2000 312-558-5322

Patricia Maksoudian, M.S. LMFT CT

10654 S. Western Ave. Suite #3
Chicago, IL. 60643 773-962-3759

Michele L. Nowak, LCPC (staff member of The Holbrook Counseling Center of Catholic Charities)

7000 West 111th Street
312-655-7725

Kathy Stathos, M.S.,

9901 S. Western Ave. Suite #207
Chicago, IL 60643-1800 773-238-9766
Fees are negotiable; scheduling is flexible

Olive Branch Counseling Assoc.

6819 W. 167th St
Tinley Park, IL. 60477
708-633-8000

Linda R. Harper Ph.D. and

Mario M. Gallo, Ph.D.

Licensed Clinical Psychologist
3830 W. 95th St. 708-346-0000
Evergreen Park, IL. 60805 708-423-5330

New Dawn Wellness Group

Specialized counseling for women

5851 W. 95th St Suite 400
Oak Lawn, IL. 60453
708-581-7950
NewDawnWellnessGoup@yahoo.com
Kathryn D. Gardner, LCPC

Hank Zwirkoski, NCC, LCPC, LMHC.

CCI Therapist (Couple Counseling Intensive)
Profile on LinkedIn

Enrich-7 (7hour CCJ workshops for couples)

Oak Lawn Chicago Ridge and Palos
hz.lcpc@gmail.com
708-638-2804

THE RAVINES Retreat Center

Dyer, Indiana (Thursday thru Sunday weekends)

www.theravines.org

219-864-5063

Online registration for THE RAVINES:

pjabaay@wearefaith.org or mmiller@wearefaith.org

BC-BS in network provider, Individual counseling available through a limited private practice

(BC-BS and self-pay only)

hz.lcpc@gmail.com

708-638-2804

VILLAGE AND TOWNSHIP HEALTH CARE CENTERS

Palos Township
Health Service Department
10802 S. Roberts Rd.
Palos Hills, IL. 60465
www.palostownship.org
708-598-2441

Stickney Township Clinic
5635 State Rd
Burbank, IL. 60459
www.townshipofstickney.org
Sharon Foy, Director of Nursing Services
708-424-9200 x 2136

Worth Township
11601 South Pulaski Rd
Alsip, IL. 60803
Katie Elwood Clerk
708-371-2900 x 27
Worhtownship.org

ADVOCACY GROUPS

Arab American Action Network

3148 W. 63rd St ... 773-436-6060
Chicago, IL. 60629

Womens Employed

65 E. Wacker Place Suite 1500
Chicago, IL. 60601
www.womenemployed.org 312-782-3902

Faith in Place Faithful People Caring for the Earth

70 E. Lake St. Suite 920
Chicago IL. 60601
Executive Director: Rev Brian Sauder
brian@faithplace.org 312-733-4640 ext. 111

Yearup Chicago

233 W. Jackson Blvd. Suite 400
Chicago, IL. 60606
Emily Heins, MSW
Associate Director of Admissions
eheins@yearup.org 312-726-5300 ext. 4526

2

2

2

2